

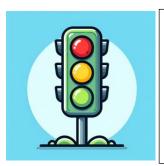
# Child Friendly Anti-Bullying Policy

# September 2024

At Woolden Hill Primary School, we want all our pupils to be in an inclusive environment where differences are discussed openly, and diversity is celebrated. We strive to provide a safe, caring, and friendly place for learning. We know that bullying is different from other unacceptable behaviours like falling out with friends or one-time incidents.

We expect you to act safely and feel safe at school. This includes understanding all types of bullying and feeling confident to ask for help from the school if you or others feel unsafe.

Several
Times
On
Purpose



Start
Telling
Other
People

Together we can STOP it!

# What is Bullying?

In our school, bullying is hurting someone more than once, on purpose, by using behaviour or words which are meant to frighten or hurt that person.

#### Bullying can be ....

Psychological: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting, hitting, or pushing.

Verbal: Being teased, name calling, rude comments.

Written: Letters, notes, graffiti.

Cyber: Saying unkind things by text, e-mail and on the internet, or gaming devices.

Racist: Saying nasty things about you because of the colour of your skin, your religious beliefs, or your culture.

#### Bullying is not:

- A 'fall out' with a friend.
- An accident.
- Something that happens only the one time.
- A one-off physical act of aggression e.g. pushing someone.

#### If you are bullied:

Ask them to STOP if you can.

- Ignore them.
- Walk away.
- Get help
- Tell Someone.

#### DON'T:

- Do what they say.
- Get angry
- Hit them.
- Think it's your fault.
- Hide it.



# What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying.
- Ask the person to stop if it is safe to do so.
- Don't stay silent, tell someone. Who can I tell?
- A friend
- My Teacher
- A family member
- Use the Bully Button on our website
- Any other Adult.

# Everyone at Woolden Hill Primary School will work together to:

Make our school a place where everyone can feel safe and happy.

Help everyone to get along with each other because we believe that everyone has the right to be who they are.

Always treat bullying seriously!

